

PALPATION

Chest Expansion : Symmetrical/asymmetrical

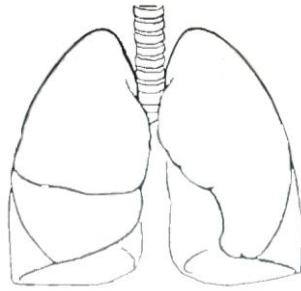
Apical (anterior)	Symmetrical/asymmetrical
Middle (anterior)	Symmetrical/asymmetrical
Lower Costal (anterior)	Symmetrical/asymmetrical

Chest Measurement (Thumb Displacement)	
Apical	
Middle	
Lower Costal	

PHYSIOTHERAPIST'S IMPRESSION

AUSCULTATION

Lungs: Clear/Crepitation
 Crepitation: Mild / Moderate
 Coarse / Rhonchi
 Air Entry :



SHORT TERM GOALS

SPECIAL TEST

Exercise Tolerance Test:

6MWT	Distancem	
	PR	Pre :	Post :
	RPE/Dyspnea Borg Scale	Pre :	Post :
	Remarks		

LONG TERM GOALS

PEFR :L/min

Incentive Spirometer : / c. c

PLAN OF TREATMENT

Attending Physiotherapist:

Date :

Sign & Stamp:

**KEMENTERIAN KESIHATAN MALAYSIA
GUIDELINE FOR USE OF CARDIORESPIRATORY ASSESSMENT FORM**

DIAGNOSIS

- As in referral.

DOCTOR'S MANAGEMENT

- Brief : operative or conservative

PROBLEM

- What is the presenting problem e.g cough, fever, unable to expectorate?
- Shortness of breath

PAIN SCORE

- Level of pain as indicated by patient

SPECIAL QUESTION

General health

- General unwell, may indicate systemic problem

Past Medical history (PMHX) / Surgery

- other medical illness especially related to present problem e.g Ca lung metastasis to the spine, DM , HPT, IHD etc

Medication

- Especially NSAIDS, corticosteroids
- Side effect of long term osteoporosis.

Occupation / recreation

- Nature of job and related stresses of job

Functional Limitation

- Functional activities which can and cannot perform

Smoking and alcohol consumption

- Smoking history (number of packages/day, number of years)

INVESTIGATION

CXR

- define lung volume / inflation
- lung field
- changes of structure

ABG

- interpret the ABG from the doctor's note

Other Investigations

- MRI/Ultrasound etc.

CURRENT HISTORY

- The onset of illness
- When did it occur?
- Precipitating factor?
- Is it better or worse now?

PAST HISTORY

- Relevant past history with regards to the presenting problem
- Has it occurred before?
- Onset, progression, physiotherapy treatment and effect

OBSERVATION

Breathing Pattern

- Identify breathing pattern

Level

- Identify breathing level

Chest Deformity

- Type of chest deformity
- e.g : pigeon chest, barrel chest, scoliosis, kyphosis, etc

Chest Drain

- state if any

Cough

- effective/ineffective , productive/ non-productive

Sputum

- Colour : whitish, yellowish, greenish etc
- Amount : minimal, moderate or large amount
- Consistency : mucoid, loose, thick, watery etc

VENTILATED PATIENT

- If relevant
- Write in brief the ventilator setting.

PALPATION

- Fill in as required.

AUSCULTATION

- Mark on diagram the findings and area

SPECIAL TEST

- If relevant
- Patient for cardiac or pulmonary rehabilitation
Pulse ratio, exercise tolerance test and lung volume

PHYSIOTHERAPY IMPRESSION

- Problem in order of priority

SHORT TERM GOALS

- The goals which are set according to priority
- Must include the expected outcomes and time frame

LONG TERM GOALS

- The goals which are set for a longer time frame based on patient goals and physiotherapist goals

PLAN OF TREATMENT

- The physiotherapy treatment that will be given according to the goal set up.

SIGN/ STAMP/DATE :

- Need to be filled by attending physiotherapist